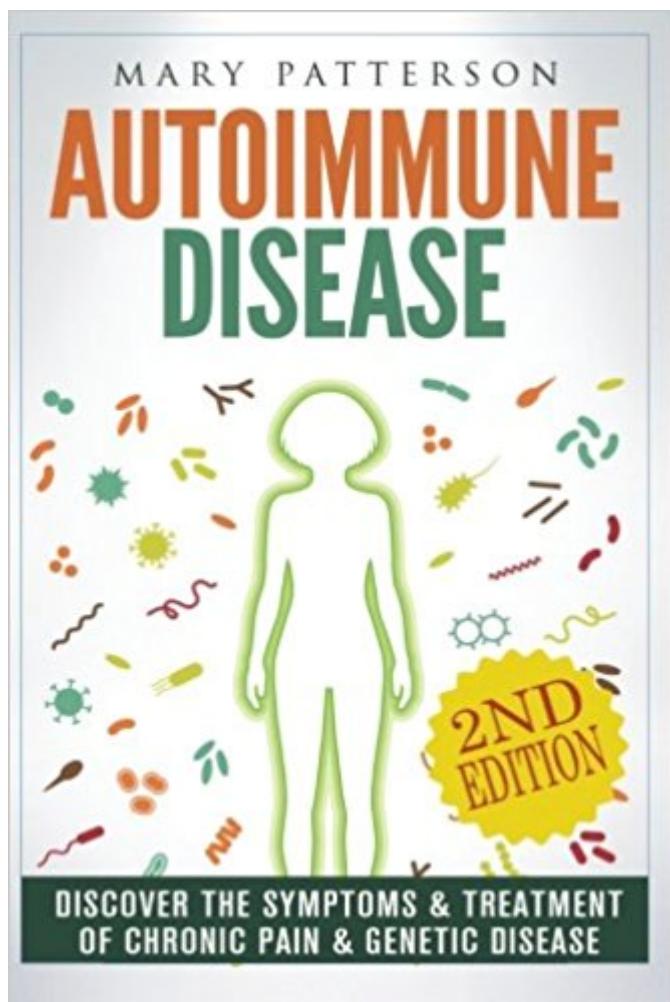


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# **Autoimmune Disease: Discover The Symptoms & Treatment Of Chronic Pain & Genetic Disease (Psoriasis, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac) (Volume 1)**





## Synopsis

Gain Vitality, Energy and Happiness With Increased Autoimmune Health! Do you have an autoimmune disorder? Does a family member have this condition? How can you know if one of these diseases is affecting your life? If so, Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease is the book for you! Mary Patterson explains the scientific background and root causes of autoimmune diseases so you know exactly what you're dealing with. You'll understand the basic processes underlying autoimmunity - and which symptoms you should look for in yourself and your loved ones! Discover The Details of A Number of Autoimmune Diseases: Thyroid Gland Disorders Rheumatoid Arthritis Systemic Lupus Erythematosus Multiple Sclerosis Type 1 Diabetes Mellitus and even Celiac Disease! With natural nutrition, a belief in healing and the functional treatments in this book, you can combat autoimmune diseases and feel great - TODAY!

## Book Information

Series: Psoriasis, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac

Paperback: 144 pages

Publisher: CreateSpace Independent Publishing Platform; 2 edition (March 13, 2016)

Language: English

ISBN-10: 1530457351

ISBN-13: 978-1530457359

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 37 customer reviews

Best Sellers Rank: #1,705,545 in Books (See Top 100 in Books) #65 in Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases > Psoriasis #215 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis

## Customer Reviews

Before reading this book I don't have any clear idea about autoimmune disease. But this book covers almost every thing about these diseases. What Is The Root Causes Of The Diseases? How Good Nutrition Can Combat This Diseases .What is The Functional Treatment. This book was given quick but packed with full of information that I didn't even know!

I'd been hearing the term autoimmune for years now and I wasn't sure exactly what the term meant,

so I got this book. In a nutshell, when your immune system attacks your healthy cells, you have an autoimmune disease. It could manifest as Type One Diabetes, Multiple Sclerosis, Rheumatoid Arthritis, or a vast number of other diseases which are listed in this book. When your cells are damaged, congested or old, harmful things are detected in your bloodstream and your body tries to fight it. So, how do we protect ourselves from this? Proper nutrition with an anti-inflammatory diet, which is the gist of this book.

This book is packed with useful information. Paul really understands how autoimmune diseases work and how to best fight against them. He starts by exploring the background of these diseases and also their causes. Next he moves into the symptoms and how to check if you have any of them. Then, he goes right into how to fight against them. He introduces the role of nutrition in the battle against these diseases. He also explores functional treatments and the role of going natural and healing. He finishes up with an action plan and helping you know exactly what you need to do next. This is perfect for anyone with an autoimmune disease or if you know someone with one who needs help.

This is a very informative book. It gives all information on Autoimmune diseases starting from their causes, their signs and symptoms their treatment and even how you can avoid some of them. It has really enlightened me on many diseases I was not aware of. This book is very clear on how you can prevent the diseases naturally through exercises and eating healthy diet and advises you on what to consume and even how to treat these diseases medically once you are affected. A nice read.

A very informative and enriching read! Through this book, I gained substantial knowledge about the different autoimmune diseases – its symptoms, health effects and treatments both medically and naturally. Having an acquired knowledge with these autoimmune diseases is an edge in my part. I now can share the information I learned from this book and take actions on how to avoid them and live healthily!

This is a really excellent book. Although not long, it contains an enormous amount of information, help and advice. This has been well researched, and is of high quality. If you wish or need to know more about autoimmune diseases, this is an excellent first book.

It is so alarming that we now have different types of diseases or illnesses that can only be

diagnosed once it becomes full blown. Being sick becomes costly especially if you do not have insurance and more than the physical drain most people dread the emotional burden it causes to the patient and his family. This book has valuable information you need to understand autoimmune diseases and how it happens. As they say, prevention is better than an ounce of cure so it is very beneficial for us to be equipped with the correct information based on scientific studies. The book has a couple of medical jargons or terms but the processes were explained well through facts and in a manner that a common individual can understand.

A very insightful and educational guide to understanding autoimmune disease and strategies for treatment. This book is well written and in a way that is easy to comprehend. The author provides a lot of relevant information about autoimmune disease, the symptoms and what the possible causes are. This book also contains strategies on how to manage the symptoms of autoimmune disease by natural means and proper nutrition. The most common autoimmune diseases are discussed - along with their common symptoms. This book provides a lot of excellent tips and advice for the treatment and management of autoimmune disease. I really enjoyed all of the nutritional information!

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